West Virginia University

Department of Transportation Drug & Alcohol Testing Program



Amanda BiddleKelsey KnottsDesignated EmployerDesignated EmployerRepresentative (DER)Representative (DER)Amanda.Biddle@mail.wvu.eduKelsey.Knotts@mail.wvu.eduPhone: (304) 293-5577Phone: (304) 293-2241

Risk Management PO Box 6209, One Waterfront Place Morgantown, WV 26506-6640



QUESTIONS TO BE ANSWERED

• WHY?
• WHO?
• WHAT?
• WHEN?

• WHERE?



WHY?



WVU Personal Rapid Transit (PRT)





WVU receives Federal assistance from the Federal Transit Administration (FTA)

49 U.S.C. Section 5337



West Virginia University:

- Values a safe and efficient working environment
- Will not tolerate any risk to safety, quality or productivity



WHO?



Federal Transit Administration (FTA), Safety-Sensitive (SS) Positions:



FTA, Safety Sensitive (SS) positions:
operation of a revenue service vehicle (RSV)
operation of a non-revenue vehicle requiring a CDL;



FTA, Safety Sensitive positions:

- controlling movement or dispatch of a RSV
- maintenance of a RSV or equipment used on revenue service
- security personnel who carry firearms



FTA, Safety Sensitive Functions:

- Operators, Dispatchers, Mechanics, CDL/Non Revenue, Armed Security, Supervisors if they may perform SS
- Includes trainees when driving, even if not in revenue service



Includes volunteers –

A volunteer is a covered employee if:
required to hold a commercial driver's license

performs a safety-sensitive function



Affected Department:Personal Rapid Transit (PRT)



WHAT?



Drugs Tested:

- Marijuana
- Cocaine
- Amphetamines, Methamphetamine, and



Drugs Tested: Opioids [Codeine, Morphine, and Heroin.] Phencyclidine (PCP)

Use of these substances are prohibited at all times Prohibitions may be added (and include certain over-thecounter medications)

WestVirginiaUniversity.

Regulation updates

DOT amendments include –
 add methlenedioxyamphetamine as an initial test analyte; and remove methylenedioxyethylamphetamine as a confirmatory test analyte



Regulation updates

- DOT amended its drug-testing program regulations to add the following to the drug testing panel –
 - Hydrocodone
 - Hydromorphone
 - Oxymorphone
 - Oxycodone



Alcohol Testing



WHEN?



Types of Testing:

- Pre-employment
- Random
- Post Accident
- Reasonable Suspicion



Types of Testing:

Under certain circumstances, testing is conducted for:

- Return to Duty
- Follow-up

Both are subject to testing under direct observation



Pre-Employment: Occurs prior to hire or before transferring into a safetysensitive function Requires negative test result



Pre-Employment: Negative test result must be received prior to performance of safety sensitive functions



Pre-Employment:

 Must be conducted when an employee has been absent from work 90+ days, when removed from pool

WVU does not conduct pre-employment alcohol testing



WVU has a Third Party Administrator to manage the random selection process



Random Testing:

- Unannounced and unpredictable
- Reasonably spread throughout the calendar year
- At all times of day



Random Testing:
Use of a scientifically valid method in which each covered employee has an equal chance of being selected for testing



Random Testing Policy Provision:
Random testing rate* (per pool)
50% drugs
10% alcohol

WestVirginiaUniversity.

*subject to change

Random Testing Policy Provisions: Availability for Testing-

- Random **drug** testing must occur anytime an employee is on duty
- Random alcohol testing must only be conducted just before, during, just after performance







Post-Accident Testing: Covered employees will be tested:

- performance either contributed to an accident <u>or</u>
- cannot be completely discounted as a contributing factor to the accident



Post-Accident Testing: (Decision Maker is Key) – • Fatality – REQUIRED



Post Accident:

•Non-Fatal:

- medical attention away from scene
- vehicle with disabling damage

Testing required unless:

 Employee's performance can be completely discounted as contributing

WestVirginiaUniversity.

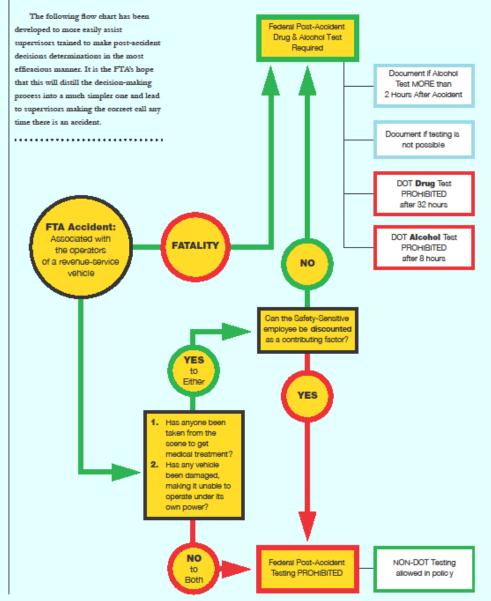
Post-Accident Time Requirement:

As soon as practicable after SS employee dismissed from scene and medical attention provided

- Testing delayed until decision is made, documentation required
- Alcohol 2/8 hour rule
- Drugs 32 hour rule

WestVirginiaUniversity.

Post-Accident Flow Chart



9 FTA Drug and Alcohol REGULATION UPDATES

WestVirginiaUniversity.

Reasonable Suspicion Testing: Occurs when a company official believes the employee shows signs of drug abuse and/or alcohol misuse



Reasonable Suspicion

 For both drugs and alcohol, decision made ONLY on specific, contemporaneous, articulable observations concerning appearance, behavior, speech or body odors



Reasonable Suspicion

 Written report within 24 hours of observed behavior or before results of test are released if earlier than 24 hrs



A key tool is the Check list

Click here to review the Reasonable Suspicion Determination Checklist



Zero Tolerance

 The University has a zero tolerance policy, as outlined in 2.5.5.1 of WVU Rule 3.4

 In 2.5.5.2, the University does allow for self-disclosure, this is also outlined in section 2.10 of policy



Self-Disclosure

2.10.3 A covered employee's self disclosure to the DER shall:

- occur prior to the covered employee reporting for duty
- not be made in an attempt to avoid a required drug or alcohol test;



Self Disclosure

require covered employee to initiate an assessment through the FSAP within three (3) business days
require the University to remove from safety-sensitive functions



Return-to-duty and Follow up Testing

If WVU hires employee who is under a Substance Abuse Professionals (SAP) return to duty process -

- The employee must take a DOT return-to-duty test prior to returning to safety-sensitive functions
- The employee will be subject to a minimum of 6 unannounced follow-up tests in the first 12 months



Return-to-duty and Follow up Testing

- Follow-up testing may occur for up to 60 months
- All testing must be conducted under direct observation



WHERE?



Collection Sites:

Waterfront Urgent Care



ADDITIONAL INFORMATION



Employment Requirements

- Position description must include safety sensitive functions
- Position must be posted with drug testing (DT) requirement indicated
- Previous employer release is required and investigation pursued
- DOT Background check completed

Employment Requirements

- Contingent offer made
- Employees meet with Talent Strategy, DER and/or Program Manager
- Pre-employment drug testing is conducted, negative result is required
- During onboarding, required training programs must be completed



Pre-Employment D&A Test History

- Employers must review DOT testing history from applicants previous DOT regulated employers, during prior two years
- Information required under 49 CFR Section 40.25
 - Alcohol tests of >=0.04
 - Verified positive drug tests
 - Refusals
 - Other violations of DOT agency drug/alcohol regs
 - Documentation of successful completion of SAP-required RTD/follow-up process



Alcohol Standards

- No performing covered activity if BAC 0.04 or greater
- No drinking 4 hrs before SS duties
- No drinking while on-call
- 8 hours off-duty after BAC between 0.02 and 0.039, or until <0.02



Prescription Medications:

- Have conversation with your physician regarding medications listed for DOT drug testing
- FTA Prescription and Over-the-Counter Medications Toolkit well-regarded by MROs
- Employer form is required when prescription or over-the-counter medications are necessary



Final Rule in Federal Register (82 FR 52229)

- Effective January 1, 2018
- Key Changes: Adds 4 semi-synthetic opioids (hydrocodone, oxycodone, hydromorphone, oxymorphone)
- Adds methylenedioxyamphetamine (MDA)
- Removes methylenedioxyethylamphetamine (MDEA)
- Modifies timing for Medical Review Officers (MROs) to communicate a significant safety risk or medically unqualified decision

WestVirginiaUniversity.

DOT Medical Examiners

- WVU Occupational Medicine conducts
 - DOT evaluations for release to return to work
 - Phone: 304-293-3693
 - Location: CPASS Building

